

# SCHOOL RULES

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1. **Greet all Instructors and Staff “Hi!” when entering the school and say “Good Bye!” when you leave.**
2. **Bow to the flags when:**
  1. **Entering and leaving the school.**
  2. **Entering and leaving the work-out area.**
  3. **Starting and ending class**
3. **No shoes are allowed in the work-out area at any time without permission from Instructor and/or Staff.**
4. **Pacific Taekwondo Training Center official uniform must be worn in order to join class, unless given special permission by Instructor and/or Staff.**
5. **Uniform must be kept clean and presentable.**
6. **Students must attend class ON TIME so not to disturb class. If the student will be late to class, student must:**
  - 1) **call ahead of time to inform us that he/she will be late**
  - 2) **upon arrival, student must ask permission from Instructor to join class**
  - 3) **if student fails to call ahead of time student must apologize for interrupting the class before joining in.**
7. **No chewing gum, eating food, and drinking in the workout area is allowed at any time unless given permission by Instructor and/or staff.**
8. **No PROFANITY is allowed in the school at any time.**
9. **No jewelry allowed while training unless for medical reasons.**
10. **Students must show true Taekwondo spirit when participating in class, and have FUN!!!**