



REQUIREMENTS TO TEST FOR A BROWN BELT

Curriculum

ADVANCE KICKS	ADVANCE SELF DEFENSE	ONE STEP SPARRING
- Jump Roundhouse - Jump Side	- Hapkido leg sweep - Hapkido hip toss	1. Long stance out/in block, double punch mid, face punch, kiyap! 2. 45 side step in/out block, double punch mid, face punch, kiyap! 3. Back stance knife block, long stance double punch mid, face punch, kiyap!
POOMSAE (forms)		
TAEGEUK YUK JANG		

Q & A / Terminology

AGES 5 - 8	AGES 9 - 12	AGES 13 AND OLDER
<p>Q. What does Honesty mean? A. Tell the truth, Sir/Male!</p> <p>3 Types of Concentration</p> <p>Terminology (english - korean) Master Instructor - Sa Bum Nim Instructor - Kyo Sum Nim How are you? - Ahn Yong Ha Shim Nee Ka Thank you - Kahm Sam Nee Da</p>	<p>Q. What is the bow? A. A form of greeting and respect, Sir/Mame!</p> <p>Q. What is the meaning of the Blue belt? A. Blue represents the sky, reminding the student of the ambition of his/her goal of being a black belt, sir/</p> <p>7 Home Rules for Children</p> <p>Terminology (english - korean) How are you Master Instructor - Ahn Yong Ha Shim Nee Ka Sa Bum Nim Thank you Master Instructor - Kahm Sam Nee Da Sa Bum Nim How are you Instructor - Ahn Yong Ha Shim Nee Ka Kyo Sum Nim Thank you Instructor - Kahm Sam Nee Da Kyo Sum Nim</p>	<p>Q. Why is it important to practice basic techniques? A. Basic techniques builds coordination, agility, and skills. Also, sets a solid foundation when learning advance techniques, sir/mame!</p> <p>Q. What is the meaning of the Blue belt? A. Blue represents the sky, reminding the student of the ambition of his/her goal of being a black belt, sir/mame!</p> <p>Student Oath</p> <p>Terminology (english - korean) School - Dojang Uniform - Dobok Flag - Ku Ki Ee</p>