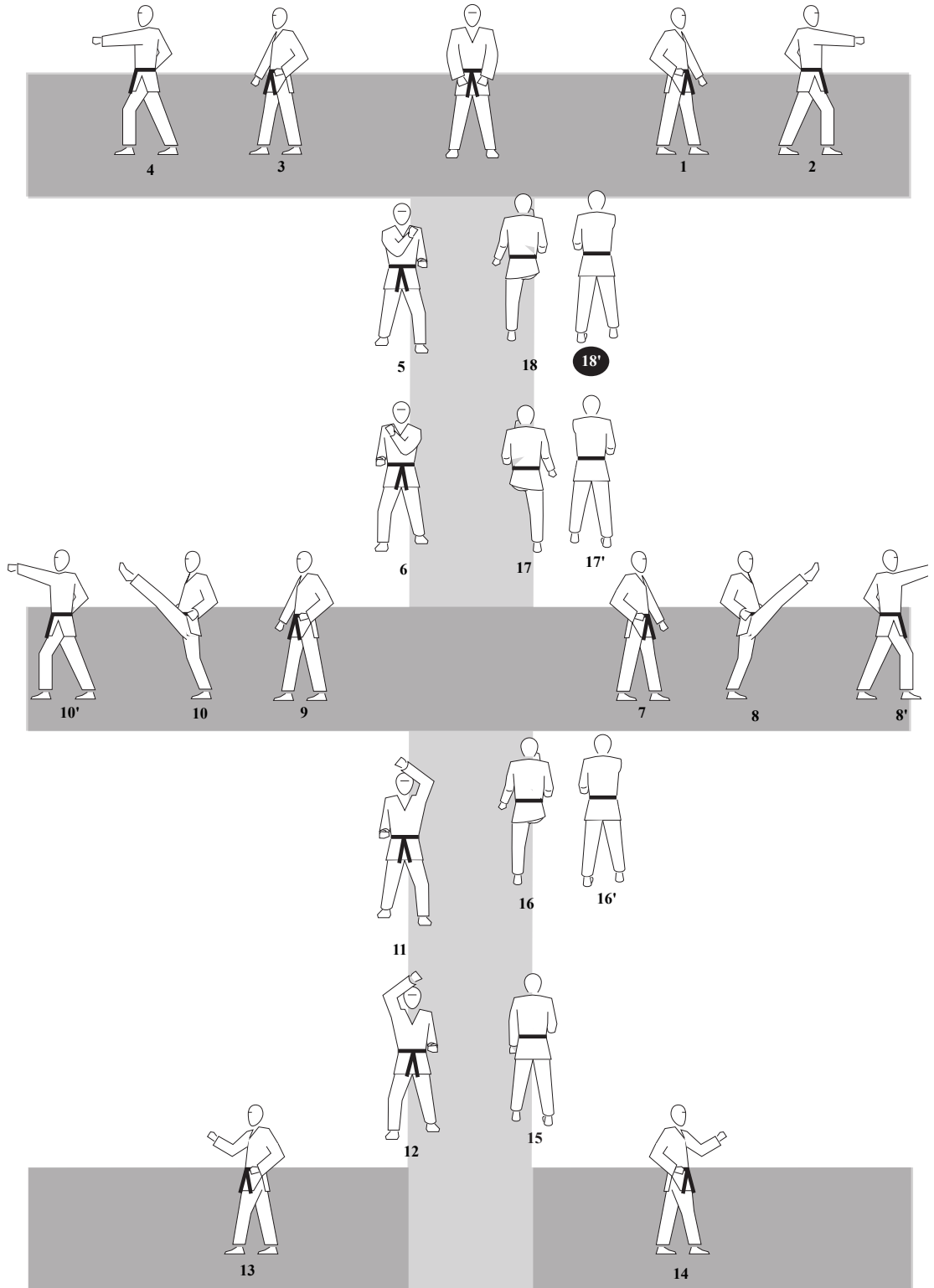


TAE GEUK Yi (Ee) JANG (Orange Belt)



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1. Turn toward 9 o'clock. Assume a left walking stance . Execute a left down block .
2. Advance toward 9 o'clock. Assume a right forward stance . Execute a right middle punch
3. Turn clockwise on the ball of the left foot toward 3 o'clock. Assume a right walking stance . Execute a right down block .
4. Advance toward 3 o'clock assuming a left forward stance (Oen Apkoobi). Execute a left middle punch (Oen Momtong Badae Chireugi).
5. Turn counterclockwise toward 12 o'clock. Assume a left walking stance . Execute a right outside-inside middle block (Oreun Momtong An Makki).
6. Advance toward 12 o'clock. Assume a right walking stance . Execute a left outside-inside middle block (Oen Momtong An Makki).
7. Bring the left foot to the right heel. Turn toward 9 o'clock assuming a left walking stance . Execute a left down block .
8. Execute a right front kick (Oreun Apchagi). Assume a right forward stance (Oreun Apkoobi). Execute a right face punch (Oreun Eolgool Badae Chireugi).
9. Turn clockwise toward 3 o'clock pivoting on the left foot. Assume a right walking stance . Execute a right down block .
10. Execute a left front kick (Oen Apchagi). Assume a left forward stance (Oen Apkoobi). Execute a left face punch (Oen Eolgool Badae Chireugi).
11. Turning counterclockwise toward 12 o'clock, assume a left walking stance . Execute a left upper block (Oen Eolgool Makki).
12. Advance assuming a right walking stance . Execute a right upper block (Oreun Eolgool Makki).
13. Turn 270° counterclockwise to 3 o'clock. Pivot on the right foot. Assume a left walking stance . Execute a right outside-inside middle block (Oreun Momtong An Makki).
14. Pivot clockwise on the left foot toward 9 o'clock. Assume a right walking stance . Execute a left outside-inside middle block (Oen Momtong An Makki).
15. Turn toward 6 o'clock. Assume a left walking stance . Execute a left down block .
16. Execute a right front kick (Oreun Apchagi). Bring the foot down to assume a right walking stance . Execute a right middle punch (Oreun Momtong Badae Chireugi).
17. Execute a left front kick (Oen Apchagi). Assume a left walking stance . Execute a left middle punch (Oen Momtong Badae Chireugi).
18. Execute a right front kick (Oreun Apchagi). Assume a right walking stance . Execute a right middle punch (Oreun Momtong Badae Chireugi). Yell (**Kihap**).

Ready stance (Geuman) Pivot on right foot, turn body to the left.
Bow (Shiyo)